



Genetic Epidemiology of Prostate Cancer in Africa
Mouthwash sampling

Materials:

Commercial undiluted mouthwash
50 ml tube

Instructions for sampling:

- 1) Name and date of birth of participant should be verified prior to sampling.
- 2) Before providing sample, rinse mouth with water to get rid of food particles. Then wait at least 1 minute.
- 3) Pour 10ml of mouthwash into labeled container.
- 4) Instruct participant to pour mouthwash into mouth and swish vigorously in the mouth for 60 seconds.
- 5) Instruct participant to expel the liquid into labeled container.
- 6) Place screw cap lid onto tube and make sure it is securely fastened.
- 7) Ensure sample tubes are labeled with the date and study code and perform second checking to confirm accurate labeling of sample.
- 8) Place tube into biohazard bag and convey to the lab for extraction.
- 9)

*Samples may be stored at room temperature for 1 week or at -20 degrees for up to 6 months prior to extraction.